

MAY 2022

MEMORY CARE



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> AD MAY DAY (MC) 10:00 Sunday Striders Exercise (A&BS) 10:30 Catholic Mass (C) 10:30 MAY Day Discussion/Story (A&BAR) 11:00 Tactile sensory (BAR) 1:30 Shake, Rattle, Roll Exercise (T) 2:00 Artistic Expression (A) 3:00 Grandma's / Mom's Advice Tips (A) 4:15 Circle Chat (T) 6:00 SUNDAY MOVIE & SNACKS: 	<ul style="list-style-type: none"> AD Honoring Teacher Day (MC) 10:00 Monday Stretch & Flex (A&BLR) 10:30 Craft Time (ASAR) 10:30 Sensory Stimulation: Zen Garden (BSAR) 1:30 Move & Groove Exercise (T) 2:00 BINGO /POKENO (BS) 2:00 Casino/Card Games (AS) 3:00 Jeopardy Trivia (T) 4:15 Townsquare Chat: Who Was Your Favorite Teacher? (T) 6:00 Monday Night Movie Madness 	<ul style="list-style-type: none"> 10:00 MISSY FAUL: DESIGNER JEWELRY (CG) 10:00 Tuesday Stretch (BS) 10:30 Creative Colors (BSAR) 10:30 Sentence Scramble (ASAR) 1:30 Pamper Me Nails (T) 2:00 Baking Buddies - Katharine Hepburn Brownies (AAR) 2:00 Sensory Relaxation (SR) 3:00 Sing Fit Music/Trivia (T) 4:15 Talk & Tell Stories (T) 6:00 Night Owls (T) 	<ul style="list-style-type: none"> 10:00 Chair Aerobics (A) 10:30 Puzzlemania (AS) 10:30 Rhythm Band (BS) 1:30 Active Games (T) 2:00 Music of Tara Feely (TA) 3:30 Art Smarts (T) 4:15 MATTISON ROUND TABLE (T) 6:00 TV Time (T) 	<ul style="list-style-type: none"> AD CINCO DE MAYO (MC) 10:00 Tap Your Toes (A&BLR) 10:30 Catholic Service (C) 10:30 CINCO DE MAYO CRAFT (A&BAR) 1:30 CINCO DE MAYO CELEBRATION (T) 3:00 Travelogue Mexico (T) 4:15 Radio Tunes (T) 6:00 Learning Library (T) 	<ul style="list-style-type: none"> AD National Nursing Week "Thank A Nurse" (MC) 10:00 Friday Fitness (A&BAR) 10:30 Aromatherapy/Range Of Motion (BSA) 10:30 Easy Does It Trivia/Game (AAR) 11:00 JEWISH SERVICE w/Rabbi Moshe (TH) 1:30 Active Games (T) 2:00 Penguin Outreach Program Jenkinson's Aquarium (TAL) 3:00 Show Tunes (T) 	<ul style="list-style-type: none"> AD National Nursing Week "Thank A Nurse" (MC) 10:00 Saturday Stretch (A) 10:30 Craft For Mother's Day Ocean Art (ASAR) 10:30 Shabbat Service (T) 1:30 Walk It Out Exercise (T) 2:00 BINGO /POKENO (T) 3:00 Busy Hands Aromatherapy (T) 4:15 Relax & Unwind (T) 6:00 Saturday Sitcoms (T)
<ul style="list-style-type: none"> AD HAPPY MOTHER'S DAY 2022! (MC) AD National Nursing Week "Thank A Nurse" (MC) 10:00 Sunday Striders Exercise (A&BS) 10:30 Catholic Mass (C) 10:30 Mothers Day Reminisce (MG) 11:00 Mother's Day Advice (A&BAR) 2:00 MOTHER'S DAY CELEBRATION (T) 3:30 Mother's Day Concert w/Charlie Clarke (TH) 	<ul style="list-style-type: none"> AD National Nursing Week "Thank A Nurse" (MC) 10:00 Monday Stretch & Flex (A&BLR) 10:30 Craft Time (ASAR) 10:30 Sensory Stimulation: Kits (BSAR) 1:30 Balloon Tennis (T) 2:00 BINGO /POKENO (BS) 2:00 Casino/Card Games (AS) 3:00 Modern Trivia/News (T) 4:15 Townsquare Chat (T) 6:00 Monday Night Movie Madness 	<ul style="list-style-type: none"> AD National Nursing Week "Thank A Nurse" (MC) 10:00 Tuesday Stretch (BS) 10:30 Creative Colors (BSAR) 10:30 Wacky Wordies (ASAR) 1:30 Pamper Me Nails (T) 2:00 WHAT'S COOKIN CLUB (ASAR) 3:00 CRAFT TIME (ASAR) 3:00 Sing Fit Music/Trivia (T) 4:15 Talk & Tell Stories (T) 6:00 Night Owls (T) 	<ul style="list-style-type: none"> AD National Nursing Week "Thank A Nurse" (MC) 10:00 Chair Aerobics (A) 10:30 Puzzlemania (AS) 10:30 Rhythm Band (BS) 1:30 Active Games (T) 1:30 BUS TRIP MEMORY CARE: Scenic Tour & Ice Cream (LRA) 2:00 Cheryl Parker Concert (Live) (T) 3:30 Wednesday Trivia (T) 4:15 MATTISON ROUND TABLE (T) 6:00 TV Time (T) 	<ul style="list-style-type: none"> AD National Nursing Week "Thank A Nurse" (MC) 10:00 Tap Your Toes (A) 10:30 Catholic Service (C) 10:30 Men's Club (ASAR) 10:30 Women's Club (BSAR) 1:30 Pamper Me Nails (T) 1:30 Tai Chi W/Shioban (T) 3:00 Explorer's Club (Science) (BSAR) 3:00 Mattison Gardeners - Planting (AAR) 4:15 Radio Tunes (T) 	<ul style="list-style-type: none"> AD National Nursing Week "Thank A Nurse" (MC) 10:00 Friday Fitness (A&BAR) 10:30 CELLO w/Valerie (T) 1:30 Active Games (T) 1:30 Toss & Talk (T) 2:00 Memory Board/Story Time (BSLR) 2:00 Reminisce: Occupational Hazards (ASAR) 3:00 Show Tunes (T) 4:15 Game Show (T) 6:00 Friday Fun (T) 	<ul style="list-style-type: none"> 10:00 FREEHOLD BORO TOWN YARD SALE (MC) 10:00 Saturday Stretch (A) 10:30 Card Sharks/Games (A&BAR) 10:30 Shabbat Service (T) 1:30 Walk It Out Exercise (T) 3:00 Busy Hands Aromatherapy (T) 4:15 Relax & Unwind (T) 6:00 Saturday Sitcoms (T)
<ul style="list-style-type: none"> 10:00 Sunday Striders Exercise (A&BS) 10:30 Catholic Mass (C) 11:00 Newspaper / Magazine (A&BAR) 1:30 Shake, Rattle, Roll Exercise (T) 2:00 Live Magician Mike Spade (TAL) 3:00 Dear Abby/Horoscopes (T) 4:15 Circle Chat (T) 6:00 SUNDAY MOVIE & SNACKS: Wild Oats (T) 	<ul style="list-style-type: none"> 10:00 Monday Stretch & Flex (A&BLR) 10:30 Craft Time (ASAR) 10:30 Sensory Stimulation: Zen Garden (BSAR) 1:30 Move & Groove Exercise (T) 2:00 BINGO /POKENO (BS) 2:00 Casino/Card Games (AS) 2:30 CATHOLIC MASS (C) 3:00 Category Trivia (T) 4:15 Townsquare Chat (T) 6:00 Monday Night Movie Madness (T) 	<ul style="list-style-type: none"> 10:00 Tuesday Stretch (BS) 10:30 Creative Colors (BSAR) 10:30 Sentence Scramble (ASAR) 1:30 Pamper Me Nails (T) 2:00 ZOOM BALLOON W/EARL (T) 3:00 REMINISCE (T) 3:00 Sing Fit Music/Trivia (T) 4:15 Talk & Tell Stories (T) 6:00 Night Owls (T) 	<ul style="list-style-type: none"> 10:00 Chair Aerobics (A) 10:30 Puzzlemania (AS) 10:30 Rhythm Band (BS) 1:30 Active Games (T) 2:00 KARIOKER'S SING/PERFORM Birthday Party (TH) 3:30 Wednesday Trivia (T) 4:15 MATTISON ROUND TABLE (T) 6:00 TV Time (T) 	<ul style="list-style-type: none"> 10:00 Tap Your Toes (A) 10:30 Men's Club (ASAR) 10:30 Women's Club (BSAR) 1:30 Pamper Me Nails (T) 2:00 Mattison Gardeners - Planting (AAR) 3:00 Explorer's Club (Science) (BSAR) 4:15 Radio Tunes (T) 6:00 Learning Library (T) 	<ul style="list-style-type: none"> AD HAPPY BIRTHDAY DIANE (MC) 10:00 Friday Fitness (A&BAR) 10:30 Aromatherapy/Range Of Motion (BSA) 10:30 Easy Does It Trivia/Game (ASA) 1:30 Active Games (T) 2:00 Memory Board/Story Time (BSLR) 2:00 Reminisce (A A) 3:00 Show Tunes (T) 4:15 Sensory Relaxation (T) 	<ul style="list-style-type: none"> 10:00 Saturday Stretch (A) 10:30 Card Sharks/Games (A&BAR) 10:30 Shabbat Service (T) 1:30 Walk It Out Exercise (T) 2:00 Armed Forces Day Discussion/Celebration (T) 3:00 Busy Hands Aromatherapy (T) 4:15 Relax & Unwind (T) 6:00 Saturday Sitcoms (T)
<ul style="list-style-type: none"> 10:00 Sunday Striders Exercise (A&BS) 10:30 Catholic Mass (C) 11:00 Newspaper / Magazine (A&BAR) 1:30 Shake, Rattle, Roll Exercise (T) 2:00 Artistic Expression (AS) 3:00 Dear Abby/Horoscopes (T) 4:15 Circle Chat (T) 6:00 SUNDAY MOVIE & SNACKS: Rumor Has It (T) 	<ul style="list-style-type: none"> 10:00 Monday Stretch & Flex (A&BLR) 10:30 Craft Time (ASAR) 11:00 Sensory Stimulation: Kit (BSAR) 1:30 Move & Groove Exercise (T) 2:00 BINGO /POKENO (BS) 2:00 Casino/Card Games (AS) 2:00 Random Trivia (T) 3:00 Current Trivia (T) 4:15 Townsquare Chat (T) 6:00 Monday Night Movie Madness (T) 	<ul style="list-style-type: none"> 10:00 Tuesday Stretch (BS) 10:30 ART WITH KAREN (ASAR) 10:30 Creative Colors (BSAR) 1:30 Pamper Me Nails (T) 2:00 Sensory Relaxation (SR) 2:00 WHAT'S COOKIN CLUB (ASAR) 3:00 Sing Fit Music/Trivia (T) 4:15 Talk & Tell Stories (T) 6:00 Night Owls (T) 	<ul style="list-style-type: none"> AD HAPPY BIRTHDAY JACKIE SI (MC) 10:00 Chair Aerobics (A) 10:30 Puzzlemania (AS) 10:30 Rhythm Band (BS) 1:30 Active Games (T) 2:00 Zach Alexander - Live Concert (TAL) 3:00 Sing-A-Long (BS) 3:30 Wednesday Trivia (T) 4:15 MATTISON ROUND TABLE (T) 	<ul style="list-style-type: none"> 10:00 Tap Your Toes (A) 10:30 Men's Club (ASAR) 10:30 Women's Club (BSAR) 1:30 Pamper Me Nails (T) 1:30 Tai Chi W/Shioban (T) 2:00 Mattison Gardeners - Planting (AAR) 3:00 Explorer's Club (Science) (BSAR) 4:15 Radio Tunes (T) 6:00 Learning Library (T) 	<ul style="list-style-type: none"> 10:00 Friday Fitness (A&BAR) 10:30 Aromatherapy/Range Of Motion (BSA) 10:30 Easy Does It Trivia/Game (ASA) 1:30 Active Games (T) 1:30 Toss & Talk (T) 2:00 Memory Board/Story Time (BSLR) 2:00 Reminisce (A A) 3:00 Show Tunes (T) 6:00 Friday Fun (T) 	<ul style="list-style-type: none"> 10:00 Saturday Stretch (A) 10:30 Card Sharks/Games (A&BAR) 10:30 Shabbat Service (T) 1:30 Walk It Out Exercise (T) 2:00 BINGO /POKENO (T) 3:00 Busy Hands Aromatherapy (T) 4:15 Relax & Unwind (T) 6:00 Saturday Sitcoms (T)
<ul style="list-style-type: none"> 10:00 Sunday Striders Exercise (A&BS) 10:30 Catholic Mass (C) 11:00 Newspaper / Magazine (A&BAR) 1:30 Shake, Rattle, Roll Exercise (T) 2:00 Artistic Expression (AS) 3:00 Dear Abby/Horoscopes (T) 4:15 Circle Chat (T) 6:00 SUNDAY MOVIE & SNACKS: New York Minute (T) 	<ul style="list-style-type: none"> 10:00 Monday Stretch & Flex (A&BLR) 10:30 Craft Time (ASAR) 10:30 Sensory Stimulation: Zen Garden (BSAR) 1:30 Move & Groove Exercise (T) 2:00 MEMORIAL DAY CELEBRATION W/ONE OF A KIND DJ (FPWP) 4:15 Townsquare Chat (T) 6:00 Monday Night Movie Madness (T) 	<ul style="list-style-type: none"> 10:00 Tuesday Stretch (BS) 10:30 Creative Colors (BSAR) 10:30 Sentence Scramble (ASAR) 1:30 Pamper Me Nails (T) 2:00 Baking Buddies - Cookies (AAR) 3:00 Sing Fit Music/Trivia (T) 4:15 Talk & Tell Stories (T) 6:00 Night Owls (T) 		<p>All Activities Subject to Change Changes Will Be Announced</p>		

Diane D. - 20th
Jaqueline S. - 25th



Location Key:
D = Dining Room
TS = Town Square
AL = A Side Living Room
BL = B Side Living Room
AR = A Activity Room
BR = B Activity Room

93 Manalapan Ave
Freehold, NJ 07728
732-303-8800