Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	• AD New Years Day • 9:30 Stretch & Flex Exercise • 10:30 Crafty Creations • 1:30 Pamper Me Nails • 3:00 Games • 6:00 TV Sitcoms	 10:30 Aromatherapy Sound Therapy 10:30 ZUMBA 1:30 Kicking It With Karaoke 3:00 Art Smarts 3:00 Artistic Expression 6:00 TV Sitcoms 	 9:30 Walk & Talk Exercise 10:30 Jeopardy 2:00 Rich Spakowski 6:00 Mystery Mania 	 10:30 Catholic Service 10:30 ZUMBA 2:00 Happy Hour 2:00 Table Games 3:00 Musical Sing-A-Long 6:00 TV Sitcoms 	 1:00 Game Time (Active) 2:30 Social Hour 3:30 Word Games 6:00 Friday Movie Matinee 6:45 Shabbat Candle Lighting 	 10:00 Stretch & Flex Exercise 10:30 Art corner 1:30 Pamper Me Nails 1:30 Trivia Category 6:00 Saturday Sitcoms
 9:30 Chair Yoga 10:30 Catholic Mass (TV Broadcast) 11:00 Memory Boards/Puzzles 1:30 Stretch & Flex Exercise 3:00 Uno Bingo 6:00 SUNDAY MATINEE 	 9:30 Stretch & Flex Exercise 10:30 Crafty Creations 10:30 Easy Does It 1:30 Pamper Me Nails 2:00 Mary's Melodies 3:00 Games 6:00 TV Sitcoms 	 10:30 Aromatherapy Sound Therapy 10:30 ZUMBA 1:30 Words of Wisdom 3:00 Art Smarts 3:00 Artistic Expression 6:00 TV Sitcoms 	 9:30 Walk & Talk Exercise 10:30 Jeopardy 2:00 Scott Brandt Performs 6:00 Mystery Mania 	 10:30 Aromatherapy Sound Therapy 10:30 Catholic Service 10:30 ZUMBA 2:00 Happy Hour 2:00 Table Games 3:00 Musical Sing-A-Long 6:00 TV Sitcoms 	 10:30 Word Association 1:00 Game Time (Active) 2:30 Social Hour 3:30 Word Games 6:00 Friday Movie Matinee 6:45 Shabbat Candle Lighting 	 10:00 Stretch & Flex Exercise 10:30 Current Events/News 10:30 Shabbat Service (TV) 1:30 Trivia Category 3:00 Uno Bingo 6:00 Saturday Sitcoms
 9:30 Chair Yoga 10:30 Catholic Mass (TV Broadcast) 11:00 Memory Boards/Puzzles 3:30 Bingo 6:00 SUNDAY MATINEE 	• 9:30 Stretch & Flex Exercise • 10:30 Crafty Creations • 10:30 Easy Does It • 1:30 Pamper Me Nails • 2:30 Catholic Mass • 3:00 Games • 6:00 TV Sitcoms	 10:30 Aromatherapy Sound Therapy 10:30 ZUMBA 1:30 Kicking It With Karaoke 3:00 Art Smarts 6:00 TV Sitcoms 	 9:30 Walk & Talk Exercise 17 10:30 Jeopardy 1:00 Zumba with Cathy 2:00 Birthday Bash w/ Jerry Spathis 3:30 Mattison Round Table 6:00 Mystery Mania 	 10:30 Aromatherapy Sound Therapy 10:30 Sensory & Relaxation 10:30 ZUMBA 2:00 Happy Hour 2:00 Table Games 3:00 Musical Sing-A-Long 6:00 TV Sitcoms 	 10:30 Word Association 1:00 Game Time (Active) 2:30 Social Hour 3:30 Word Games 6:00 Friday Movie Matinee 6:45 Shabbat Candle Lighting 	 10:00 Stretch & Flex Exercise 10:30 Current Events/News 10:30 Shabbat Service (TV) 1:30 Trivia Category 3:00 Uno Bingo 6:00 Saturday Sitcoms
 9:30 Chair Yoga 10:30 Catholic Mass (TV Broadcast) 11:00 Daily Chronicle/Current Events 11:00 Memory Boards/Puzzles 3:00 Uno Bingo 6:00 SUNDAY MATINEE 	Exercise 10:30 Crafty Creations	 10:30 Aromatherapy Sound Therapy 10:30 ZUMBA 1:30 Kicking It With Karaoke 2:00 Strictly 60s Perform 3:00 Art Smarts 3:00 Artistic Expression 6:00 TV Sitcoms 	 9:30 Morning Greetings 10:30 Jeopardy 3:30 Mattison Round Table 6:00 Mystery Mania 	 10:30 Aromatherapy Sound Therapy 10:30 ZUMBA 2:00 Happy Hour 2:00 Table Games 3:00 Musical Sing-A-Long 6:00 TV Sitcoms 	 10:30 Word Association 12:00 Kevin McGown Performs 1:00 Game Time (Active) 2:30 Social Hour 3:30 Word Games 6:00 Friday Movie Matinee 6:45 Shabbat Candle Lighting 	 10:00 Stretch & Flex Exercise 10:30 Current Events/News 10:30 Shabbat Service (TV) 1:30 Pamper Me Nails 1:30 Trivia Category 3:00 Uno Bingo 6:00 Saturday Sitcoms
 9:30 Chair Yoga 10:30 Catholic Mass (TV Broadcast) 11:00 Daily Chronicle/Current Events 11:00 Memory Boards/Puzzles 1:30 Stretch & Flex Exercise 3:30 Bingo 6:00 SUNDAY MATINEE 	• 9:30 Stretch & Flex Exercise • 10:30 Crafty Creations • 10:30 Easy Does It • 1:30 Pamper Me Nails • 3:00 Games • 6:00 TV Sitcoms	 10:30 Morning Greetings 10:30 ZUMBA 1:30 Kicking It With Karaoke 3:00 Art Smarts 3:00 Artistic Expression 6:00 TV Sitcoms 	 9:30 Morning Greetings 10:30 Jeopardy 1:00 Zumba with Cathy 2:00 Kim and Tim 3:30 Mattison Round Table 6:00 Mystery Mania 	JANUARY 2024 HAPPY NEW YEAR		